

WATCH OUT, WATCH OUT, WHEN YOU GET OUT,

Britain is in the middle of a

HEROIN DROUGHT



The whole of the country is experiencing the worst **heroin drought** in living memory.

- The heroin for sale is full of benzodiazepines and other crap
- Mixing benzos, booze or gear increases the risk of overdose. ■ Benzos cause massive problems if you try to inject them
- Your tolerance will be very low when you leave prison
- Sooner or later stronger heroin will reappear - which will lead to overdose and death.

GET YOURSELF IN TREATMENT. IF YOU DO GO BACK TO USING - SMOKING IT IS SAFER THAN INJECTING
TEST A SMALL AMOUNT BEFORE INJECTING THE REST
ASK YOUR CARAT WORKER ABOUT OVERDOSE PREVENTION